

# QUARTERLY REPORT

April-June 2021

Kwa Wazee is passionate on empowered and advanced community where young and older people live dignified lives. Our sincerely thanks is to our donors for their unweaving commitment to help older people strive for their livelihood. Their donations are making difference to older people in Muleba district.

KWA WAZEE  
6/30/2021



## OUR IMPACTS IN NUMBERS

1070

Older people receiving monthly pension  
And 109 children receiving child benefits

106

Self-help groups visited for monitoring and advice  
Integrating mutual support with income generating activities

111

Older people reached with eye screening and treatment  
Plus 13 old people supported with medical expenses

37

Older people received revolving goats  
And 87 old people keeping goats visited for monitoring and advice

2500+

Number of older people attended community dialogues  
Access to quality health care, inclusion of OP issues in the government development plans and OP protection are key issues that were communicated to local leaders involved.

## OUR PERFORMANCE

### Social Protection for older people



### Pension Fund

The table below shows the number of older people received monthly pension and total cash transferred since April - June 2021

Monthly	Gender		Total	Children	Cash transferred (Tanzania shillings)
	Male	Female			
<b>April</b>	169	710	879	110	13,339,000
<b>May</b>	166	701	867	108	13,191,000
<b>June</b>	159	699	858	107	13,030,500

We have conducted home visit to 80 non-self-collectors to verify pension from collectors. The pension received promoted the livelihood whereby 4 pensioners reported that they have saved their monthly pension and managed to buy goat and 2 pensioners bought pigs. 94.75% of the pensioner visited reported that their monthly pension was spent to access food, soaps, salt and medicines.

## Universal Pension Pilot

During this period, 2 beneficiaries died and 2 new older people were registered in a pension scheme to make a total of 198 (66 male&132 female) by end of June 2021. The table below shows the number of beneficiaries reached per month:

Month	Gender		Total	Cash transferred (Tanzania shillings)
	Male	Female		
April	66	131	197	2,955,000
May	66	132	198	2,970,000
June	66	132	198	2,970,000

### From Protection to Production (Psychosocial support)

We conducted group visit to 106 self-help groups to monitor and advise on ongoing activities performed by group members. 28 groups have only revolving funds and mutual support on emergencies like illness, 18 groups are engaging in crop cultivation, animal keeping or small business while 60 groups have integrated mutual support and income generating activities. In three months of this quarter, groups have saved a total of 2,102,600/= Tanzania shillings. Visited groups have planned to improve their savings and initiate income generating activities such as keeping goats, chicken, sales of small fish, pigs rearing, and crops like beans and maize.

Also during this period 37 revolving goats were distributed to 37 older people in Kasharunga and Mubunda and we have visited 86 older people with goats to monitor.



97 older people council leaders were trained on economic intervention, resilience and accountability and after the training the leaders organized meeting together with other older

people in their respective ward and inform them on the program. As a result, 16 groups were formed in three wards of Kasharunga, Magata-Karutanga and Biirabo. We have also trained 27 group leaders on leadership skills and empowered them on livelihood activities. At the end of training every group came up with the plan for the next two months to strengthen their livelihoods in groups and sustain support of the members. Self-help groups in Ngenge have a program of sustaining agriculture, goats keeping, chicken, pigs and purchase maize and beans at low price where they will stock them until the price increases for the sale.

## Advocacy by older people, with older people and for older

Kwa Wazee organized Community dialogues meetings in 15 wards to enhance good communication between government leaders at ward level and OPC in solving older people problems where over 2500 old people participated. Main issues raised were inability of accessing free health services due to reluctance of healthcare providers and lack of identification letter as per Health Policy, lack of universal pension, inability to get national identification cards and not to be involved in ward development committees. Low understanding among newly elected government leaders on the legality of older people councils in local areas has been named as a source of local leaders not to be involved in OPC issues. During the sessions there was a very positive response from the government leaders and health workers involved when they really tell us that we have **constructed a very useful bridge** connecting older people, government and other development partners.



*“In my Ward I will not be ready to accept any rejection of an elderly entitled to get health exemption. The government health policy is clear we have to fulfill our responsibilities” Said by a Councilor from Karambi Ward.*

Also, Kwa Wazee organized special meeting with local government officials in Muleba District to establish good relationship and networking between older people`s councils and government officials. OPC leaders reported on how elderly in their areas face difficulties in accessing free health care services in health facilities by using provided identification letter, also the problem they face in registering to get national identification. During the meeting, health facilities in-charge who attended the meeting; stipulated how providing free health services to older people had been challenged with different guidelines from the council authority. However, they demonstrated their readiness to ensure older people are getting free and quality health services in their facilities. From this meeting we have learnt that OPCs older people are gaining confidence to express themselves and advocate on issues facing them which really indicates the huge energy among OPC in advocating their rights.

We have attended Regional OPC meeting organized by KWA WAZEE, the guest of honor was Kagera Regional Administrative Secretary. Regional Social welfare officer and 7 District OPC leaders attended the meeting from 8 district of Kagera Region. Regional social welfare officer provided a brief reminder presentation to District OPC leaders on formation of OPCs from sub-village level to regional level. Then, Regional OPC chairman and other council members advocated for free health services, inclusion of OPC activities into district budgets, older people to be involved in village and ward development committees. The Regional Administrative Secretary promised to direct all district executives’ directors in Kagera region to include OPC activities into district budgets. Participants advised council to present their issues in Regional Counseling Committee (RCC) for effective decision and implementation.

During the meeting, regional OPC requested regional Administrative secretary to organize special meeting with all members of Parliament from Kagera Region with aim of robbing them on the issue of Universal Pension and ageing act.

### **Preventing violence to older people (Self-Protection trainings)**

Kwa wazee continued to conduct self-protection training against violence to older people in Gwanseli, Rulanda, Karambi,

Kasharunga and Bisheke where 223 older people participated. During the meeting older people revealed their experience on

various forms of violence. For instance 3 participants in Karambi reported that they were beaten or threatened by their own children and one participant reported that his plot of land was grabbed by a villager who claimed that he purchased that plot of land from his children.



Also, 22 groups of self-protection were visited and during group visit 135 group members were present. Our visiting aimed at observing their progress on practicing self-protection techniques as they were trained, introduce new techniques in protecting older people against violence and discuss usefulness of these trainings in their daily livelihood. Group members have reported that self-protection trainings have increased their confidence in reporting various forms of violence to local leaders. Despite of low cooperation from local leaders on dealing with reported cases, older people have reported decrease of violence actions in the community.

## Health Program

### Eye screening and treatment

During this period, we have supported eye screening to 111 older people (37 female and 74 males) in Ikondo ward. At mobile eye clinic, old people get eye health education, diagnosis and treatment to minor eye cases. And 18 old people were admitted to attend eye operation but only 8 get cataract operation while 10 old people had either developed total blindness and their eyes could not be repaired or were discovered with eye BP.



## Health trainings

In promoting body health among older people, we have introduced health trainings in Kabirizi, Ibuga and Kimeya as 328 old people attended the trainings. Participants shared their views on aging and body changes, Common aging disorders, nutrition to elderly and body exercise as health promotion technique among older people.

We have visited 24 groups with 224 participants in Nshamba, Ngenge, Kishuro and Mubunda to observe their progress in health trainings. During group visits participants have reported that health trainings have reduced body pain which have been experienced by many old people, reduced loneness as they meet weekly to practice health exercise and they have learnt the significance of eating green vegetables.

## Building a child-led organization (TATU-TANO)

### Promoting equitable quality education

Kwa wazee Tatu-Tano continue to promote lifelong and equitable learning opportunities for all by supporting vulnerable students with school materials and fees. During this period Kwa Wazee has paid fee total 555,000/= Tanzania shillings to 4 students attending vocational training and we expect to pay fees to 50 students who will be joining advanced secondary schools and vocational trainings in June 2021. We have organized meeting with learning group leaders to discuss the progress and initiate quality facilitation of group discussion among children and we have printed and distributed 378 learning books to these groups. We are pleased that through these groups most of children from poor households are getting extra time to revise what they learn from schools.

### Economic empowerment and livelihood among children and adolescents

As effort to end poverty in all its forms, Kwa Wazee Tatu-Tano continue to empower young generation to engage in income generating activities particularly small animal keeping and crop cultivation. During this period, we have distributed 9 sheep to formed child groups, supporting groups by building sheds and distributing 5 rabbit and

24 chickens. Also, we have provided chicken vaccination to 500 chicken kept by Tatu-tano groups. During cluster meetings for this quarter, children have reported to use profit generated from small animal keeping and crop cultivation to support them in education (181,000/- Tsh) and in health (110,100/- Tsh).



## PAMOJA

Kwa Wazee approach in combating child violence has involved influencing community members to take actions on violence acts. And during this period we conducted community meetings in 43 sub-villages to initiate effective child protection against violence. These meetings were accompanied with short drama organized by PAMOJA committee members to influence a sense of child protection among community members. Our volunteers reported two child violence cases, one related to child labor and maltreatment and other orphans were grabbed their plot of land. We supported PAMOJA committee members to make follow up on these cases however our sincere thanks goes to our volunteers and local government leaders who helped us to solve these cases and ensure children are receiving their rights.

## Self-Defense

To prevent violence against young girls, Kwa Wazee has conducted self-protection trainings to 210 girls. During trainings 14 participants shared their experience on violence cases especially attempted rape and intimate partner violence. At the end of trainings parents were invited to be told on trainings goals and its significances to young girls. We have also conducted meeting with 47 group trainings facilitators with aim of sharing experience on group facilitation, challenges and achievements.

Also, we conducted a meeting with 47 community leaders to initiate acceptance of these trainings and clear doubts on contents of trainings. Community leaders including religious leaders, government officials and political leaders advised Kwa Wazee to continue providing

trainings to young girls and involve female teachers. During this period, we have learnt that female teachers in secondary schools are motivated to be engaged in trainings and facilitate group meetings.

### **Child protection committees**

Child protection in the community becomes critically improved as the members are known and have been receiving different cases based on children rights and care. We have visited 7 groups of child protection groups to sustain their work and investigate on their roles, outcome of the protection in the village and challenges. Two children in Nyakatanga were living in risks that they could get illness or die because their house were about to fall down. The members organized the meeting with their father and the village leaders and got support to renovate their house and now they are happy in their new house. 4 children faced sexual violence where the committees made follow-up and resolved the cases at the court. 7 children were abandoned by their parents where the committees managed to reunite the family again. The challenge was that some of the sexual violence were reported late which made it difficult when finding the resolution and the right for the child.

### **Protection of children aged between 6-10 years**

We have conducted three days training with 28 assistant trainers on friendship and self-confidence. Training also aimed at sharing experience from experienced trainers on challenges and best practices in facilitating trainings to children. During the trainings, facilitators shared their views on changes behavior changes observed from children as they have increased self-confidence on reporting any act of violence. We are please that these trainings have reached 327 children by this June.

### **Vijana Bicycle Center (VBC)**

Kwa Wazee has supported 160 students with bicycle at discount price in Bike to school Program. We also visited 20 secondary schools to support the students with bicycle maintenances, and 115 students were supported with free bicycle repair. During this period Kwa Wazee continue empowering youth in bicycle assembling and trading concepts. We are also training 5 students on bicycle Materials, Measurement, General check, Basic mathematics, and bicycle assembling.